Resources located in West Island offering services to individuals with a disability		
Organisation	Mission	Territory
ANEB Québec (Anorexia and bulimia Quebec) 5500 Trans-Canada Route, Pointe-Claire, H9R 1B6 Telephone : 514 630-0907 Toll free : 1 800 630-0907 Fax: 514 630-0599 Email : info@anebquebec.com www.anebquebec.com	"ANEB Quebec offers support to individuals with eating disorders such as anorexia, bulimia and binging. Telephone and online help lines are available as well as support groups and conferences. " (Anorexia and Bulimia Québec, 2017)	Montreal
Bienvenue Centre 12694 Gouin West Boulevard, Pierrefonds, H8Z 1W4 Telephone : 514 421-2212 www.centrebienvenue.org	"A non-profit organization offering an interactive place that promotes the development of a range of psychosocial skills so that individuals may realize their dreams based on their abilities and interests, and therefore enhances their quality of life by improving their mental health. " (Bienvenue Centre, 2017)	West Island
City of Dollard-des-Ormeaux/ Special Olympics 12 001, De Salaberry Boulevard, Dollard-des-Ormeaux, H9B 2A7 Telephone : 514 684-0070, ext. 602 Fax : 514 684-0617 Email : aaddo@ddo.qc.ca www.olympiquesspeciaux.qc.ca/en/index. sn	"Programs for people with intellectual disabilities. Participants need to be evaluated before their registration due to the program's rigorous training. " (City of Dollard-des-Ormeaux, 2017)	Montreal

City of Pointe-Claire/ Gym and swimming adapted programs 60 Maywood Avenue, Pointe-Claire, H9R 2A8 Telephone : 514 630-1202 Fax: 514 630-1265 Email : aquatique@pointe-claire.ca http://www.pointe-claire.ca/en/summer- programming/	"The Pointe-Claire Aquatic Centre offers a variety of recreational gym and swimming programs for children with special needs." (City of Pointe-Claire, 2017)	Montreal and surroundings
Community Perspective in Mental Health (CPMH) 16115 boulevard Gouin Ouest Sainte-Geneviève, H9H 1C7 Telephone : 514 696-0972 Fax: 514 696-0982 Email : info@pcsm-cpmh.org www.pcsm-cpmh.org facebook.com/PCSMCPMH	"CPMH is a community organization dedicated to helping people with mental health problems achieve their fullest potential while meeting the challenges of everyday living within their community. Through a personalized relationship founded on mutual respect and trust, individuals receive the support they need to improve their quality of life." (Community Perspective in Mental Health, 2017)	West Island
Constance Lethbridge Satellite Office: 16777 Hymus Boulevard, Kirkland, H9H 3L4 Telephone: 514 487-1770 Toll-free: 1 866 487-1891 www.constance-lethbridge.qc.ca	"Constance-Lethbridge Rehabilitation Centre offers to adults with a motor disability individualized rehabilitation services, of a specialized or ultraspecialized nature, that are focused on social integration. Research and teaching activities and a continuous monitoring of technological and clinical innovations support the services provided." All the registrations are done at their head office which is located in Notre-Dame-de-Grace. (Constance-Lethbridge, 2017)	West Island

Friends for Mental Heath 186 Sutton Place, suite 121 Beaconsfield, H9W 5S3 Telephone : 514 636-6885 Email : asmfmh@qc.aira.com <u>info@asmfmh.org</u>	"Facing mental illness is painful for families. It undermines their ability to cope with everyday living. Friends for Mental Health guides families towards new paths in learning to live with mental illness. We listen and counsel, we provide information and referrals, we offer self-help and respite, and we promote public awareness. Flexible and responding to changing needs, Friends for Mental Health works in collaboration with other professional mental healthcare providers. We are a non-profit, bilingual organization serving primarily the West Island of Montreal." (Friends for Mental Heath, 2017)	West Island
John F Kennedy- Specialized School 215 Elm Avenue, Beaconsfield, H9W 2E2 Telephone : 514 855-4204 Fax : 514 697-9914 Email: direction.ecolejohn-f kennedy@csmb.qc.ca www.ecolecsmb.com/jfk/	"Specialised elementary and high school for children with autism or intellectual disabilities. This school is part of the Marguerite-Bourgeoys School Board." (John F Kennedy, 2017)	Montreal
Light a Dream 63B, Avenue Donegani Pointe-Claire, H9R 2V9 Telephone : 514 695-3310 Email: lightadream@bellnet.ca http://www.lightadream.com	"Organization that offers programs to young adults with developmental delays. Through their programs, they offer them an opportunity to learn and to adapt to a working environment. They produce and sell quality products to the larger community. They work in partnership with industries as well as with the Lester B. Pearson School Board. " (Light a Dream, 2017)	West Island
Literacy Unlimited 111, Broadview Avenue, Pointe-Claire, H9R 3Z3 Telephone : 514 694-0007 Email : info@literacyunlimited.ca www.literacyunlimited.ca	"Literacy Unlimited is a community organization dedicated to changing lives through improved adult literacy. " (Literacy Unlimited, 2017)	From Verdun to the Ontario border with a focus on the West Island.

Low Vision Self Help Association Low Vision Self-Help Association 233 Sainte-Claire Avenue, Pointe-Claire, H9S 4E3 Téléphone : (514) 694-2965 Email : LowVisionSelfHelpAssociation@gmail.com Facebook: www.facebook.com/LowVisionSelfHelpAss ociation	"Support group for the visually impaired and blind individuals. Conferences are offered once a month to provide information regarding resources and services as well as the latest devices available for the visually impaired. " (Low Vision Self Help Association, 2017)	West Island
MAB-Mackay Rehabilitation Centre (MMRC) Satellite Office : CLSC Lac-Saint-Louis 180 Cartier Avenue, Pointe-Claire, H9S 4S1 Telephone : 514 488-5552 Fax : 514 489-3477 Email: info@mabmackay.ca www.mabmackay.ca/?langue=en	"The mission of the MAB-Mackay Rehabilitation Centre is to maximize its clients' autonomy and community participation in order to improve their quality of life. Offers specialized and ultra-specialized adaptation, rehabilitation, and social integration services to persons with a significant and persistent disability. Service offered each Tuesday only at CLSC Lac-Saint-Louis. " (Mackay Rehabilitation Centre, 2017)	Montreal

Montreal West Island Integrated University Health and Social Services Center(IUHSSC) 160, Stillview Avenue Pointe-Claire, H9R 2Y2 Telephone : 514 630-2225 Fax : 514 630-7180 Mr. Benoît Morin (President and CEO) Email : benoit.morin.comtl@ssss.gouv.qc.ca Mrs. Lynne McVey (Associate President and CEO) Email: lynne.mcvey.comtl@ssss.gouv.qc.ca www.ciusss-ouestmtl.gouv.qc.ca	 "To ensure real integration of services provided to the population, The Montreal West Island IUHSSC: is at the core of a Réseau Territorial de Services (RTS); is responsible for ensuring the delivery of healthcare services to the population in its health and social service territory, including the public health aspect; takes on populational responsibility towards the population in its health and social services and complimentary services in its territory as part of its multiple missions, according to the needs of the population and its territorial realities" (Montreal West Island Integrated University Health and Social Services Center (IUHSSC), 2017) 	West Island
Multiple Sclerosis Society of Canada Satellite Office : 3869 des Sources Boulevard, Suite 204, Dollard-des-Ormeaux, H9B 2A2 Telephone : 514 676-1588 Fax : 514 676-1589 grpspbo@videotron.ca beta.mssociety.ca/?_ga=1.161267455.351 508800.1413310372	"The Multiple Sclerosis Society provides services to people with multiple sclerosis and their families. Funds research to find the cause and cure for this disease. Provides psychological services and support group meetings, as well as activities such as aqua fitness, adapted yoga, etc. " (Multiple Sclerosis Society of Canada, 2017)	From Lachine to Ste- Anne-de-Bellevue
NOVA West Island 447 Beaconsfield Boulevard, Beaconsfield, H9W 4C2 Telephone : 514 695-8335 Fax: 514 695-8432 Email : info@novawi.org www.novawi.org/en/	"Non-profit community health organization that offers several programs such as specialized care services, home support, as well as day centers for adults with cognitive deficiencies. " (NOVA West Island, 2017)	Starting at 32 nd Avenue, Lachine, to I'Île Perrot

Placement Potentiel INC 111 Donegani Avenue, Pointe-Claire, H9R 2W3 Telephone : 514 694-0315 Fax: 514 694-8640 Email: info@placementpotentiel.com www.placementpotentiel.com	"Specialize in providing sustainable employment opportunities to qualified candidates with disabilities who would otherwise have difficulty integrating into the regular job market." (Placement Potentiel INC, 2017)	West Island
WIAIH (West Island Association for the Intellectually Handicapped) 111 Donegani Avenue, Pointe-Claire, H9R 2W3 Telephone : 514 694-7090 Fax: 514 694-5839 Email : info@wiaih.qc.ca www.wiaih.qc.ca	"WIAIH strives to enhance the lives of people with an intellectual disability or autism, to provide support to their families, and to maintain and develop innovative services and sensitize the community." (West Island Association for the Intellectually Handicapped ,2017)	From Lachine to Ste- Anne-de-Bellevue
West Island Cancer Wellness Centre 115, Du Barry street, Kirkland, H9H 0C4 Telephone : 514 695-9355 Email : info@wicwc.org www.wicwc.org	"West Island Cancer Wellness Centre exists to empower people who are experiencing cancer by providing them with compassionate support and comprehensive information for mind, body, and spirit." (West Island Cancer Wellness Centre, 2017)	West Island
West Island Citizen Advocacy 68 Prince Edward Avenue, Pointe Claire, H9R 4C7 Telephone : 514 694-5850 Fax: 514 694-1867 Email : wica@qc.aibn.com www.volunteerwica.com/	"West Island Citizen Advocacy's purpose is to improve the quality of life and defend the rights of all those who are living with a handicapping condition or who are disadvantaged in the community by supporting them and matching them with competent volunteers. " (West Island Citizen Advocacy, 2017)	West Island

West Island Palliative Care Residence 265 André-Brunet Street, Kirkland, H9H 3R4 Telephone : 514 693-1718 Fax: 514 693 0374 Email: info@wipcr.ca www.residencesoinspalliatifs.com/en/	"Independent, community-based, non-profit institution, accredited by the Quebec government to provide end-of-life palliative care services to the residents of the West Island of Montreal." (West Island Palliative Care Residence, 2015)	West Island
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